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[http://www.google.co.uk/images?q=tbn:ANd9GcS3YGBTpx69qDU38IOq3vhBeK8yS9N1mxEE5wXq7DiaRt7ON4O_mVwnJMVm](http://www.google.co.uk/imgres?imgurl=http://upload.wikimedia.org/wikipedia/commons/0/0b/NHS-logo.jpg&imgrefurl=http://en.wikipedia.org/wiki/File:NHS-logo.jpg&h=200&w=494&sz=77&tbnid=lj4i2PQ-iGjJsM:&tbnh=53&tbnw=130&prev=/search?q%3Dnhs%2Blogo%26tbm%3Disch%26tbo%3Du&zoom=1&q=nhs+logo&usg=__o9aTwLGX5lNvmjgKoSy4rg4ZaDI=&sa=X&ei=af3VTvemG465hAe187B_&ved=0CBYQ9QEwAA)

**Coronavirus Support Leaflet for Vulnerable people**

During the COVID-19 ‘Self-Isolation Period’ help is available from your local community.

**Lewisham Community COVID Response Line 0333 015 0378**

**The Telegraph Hill Support Group** can provide you help with your shopping, pick up prescription or if you just need a chat during the crisis. Please call on **07538 437 216** or email covidtelegraphill@gmail.com.

If you are classed as a ‘clinically extremely vulnerable person’ you can receive help with day to day support by calling 0800 028 8327 or visit: www.gov.uk/coronavirus-extremely-vulnerable

DO NOT SUFFER IN SILENCE.

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